



Velocity Sports Performance™



SUMMER PERFORMANCE SERIES

Summer Speed & Agility Camp



WHERE: Velocity Sports Performance – SCV

WHEN: June 22nd – July 22nd (5 Weeks)

TIME: Mondays & Wednesdays

Younger (4th - 8th Grades) 8:30am-9:45am

Older (8th-12th Grades) 10am – 11:15am

PRICE: \$149 per Athlete before June 1st

\$199 per Athlete after June 1st

Baseball players will benefit by:

- Developing Lightning Speed
- Gaining Balance and Agility
- Developing Power at the Plate
- Reducing Likelihood of Injury

At Velocity Sports Performance we train athletes to improve their speed & agility, develop explosive power and reduce their likelihood of injury. This camp features Velocity Sports Performance's unique and proven version of Nike SPARQ training. Camps are led by our degreed and certified Performance Coaches.

Nike Dri Fit Shirt Included!



**BE A
BETTER
ATHLETE.**

OFFICIAL PROVIDER OF
NIKE SPARQ TRAINING